

# The Medicine Wheel



In Native spirituality, the Medicine Wheel represents harmony and connections and is considered a major symbol of peaceful interaction among all living beings on Earth.

Medicine wheels were always built on sacred sites. Most are found in Alberta, Saskatchewan and the Northern United States. The sites were often at the intersection of rivers, on mountain tops, in the center of plains between mountain and rivers. People could get there via the rivers. Even today, the waterways and mountains will lead you to medicine wheels on sacred sites. They were often on the high places, a point to look at the distant landscape. In any case, the places were deeply sacred. When you go to a medicine wheel or circle, you can feel the energy. They are in places that are the intersections of ley lines, energy lines, places where churches, and later sacred sites were built intuitively by more recent peoples.

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